



An Coimisiún Le Rincí Gaelacha

Árd Dioplóma Damhsa

Syllabus

The **Árd Dioplóma Damhsa** is the highest Diploma achievement having completed all An Coimisiún Le Rincí Gaelacha Grade Examinations.

This additional optional final Diploma may be taken by dancers age sixteen and over who have completed grade examinations 1-10. Dancers who already hold Grade 11 and/or Grade 12 may also take this final Diploma.

It is open to dancers who may or may not be interested in progressing to take the TCRG examination.

Each candidate will be assessed individually.

It would provide a rewarding pathway for dancers who wish to continue their development after completing the grade examinations without necessarily pursuing the TCRG examination, while also serving as excellent preparation for those who later choose to become teachers.

Dance Requirements:

- Advanced Reel or Slip Jig (2 steps to be performed) Dancer's choice.
- Advanced Heavy Jig or Hornpipe (2 steps to be performed) Dancer's choice
- Traditional Set dances: 2 Traditional Set dances to be performed one from (a) and one from (b) below.
 - St. Patrick's Day or Three Sea Captain's or Jockey to the Fair (Different traditional versions accepted).
 - King of the Fairies or Blackbird or Job of Journeywork (Different Traditional versions accepted).

Dancer's choice

- One Modern Set Dance (Opposite tempo to Heavy Dance performed @ No.2 above).

- Dance showcasing candidate's personal strengths. (a) Treble Reel steps (32 Bars)
- Demonstrate how the following movements are performed (If not already included in the dances performed):
 - Cross Keys
 - Rocks
 - Boxes (Closed)
 - The Rising Step: Rise and Grind and Sink and Grind

Ceilí Dance:

Lannigan's Ball:

An in-depth oral knowledge of the dance is required.

Assessment Criteria:

- | | |
|--------------------------------|-----|
| • Technical Execution | 30% |
| • Rhythm and Timing | 30% |
| • Musical interpretation | 20% |
| • Style and Presentation | 10% |
| • Knowledge of the Ceilí Dance | 10% |

Distinction Levels

- | | |
|---------------|--------|
| • Pass | 50-69 |
| • Merit | 70-84 |
| • Distinction | 85-100 |

Examination Fee: €60

Organizer must return €20 to CLRG.